

QC

FASHION:

Couple's fashion sense hasn't changed much since childhood **P. 4**

FOOD:

Roasted mushroom tart has always been a hit with friends **P. 20**

WINE:

The search for the perfect wagner is finally over **P. 22**

MAKING HISTORY

BILL WAISER CHARTS THE EVENTS THAT FORM OUR PROVINCE
P. 6



READ MY BOOK

LOCAL AUTHORS: Writers tell us what makes their book worth reading

#SHIRLEYHARRIS

Catherine of Cannington Manor a pioneer story

I have always loved stories of the early pioneers of the Western Canada, but I have wondered, how an earth did women have the constitution to leave their homes in civilised countries and seek out and find a degree of happiness in a wild, although beautiful land, with so few of the amenities they were accustomed to in their homelands?

I decided to take the information I had acquired about our grandmothers together with what I had read about some of these pioneer women, and put them all together in one character my beloved Catherine.

Catherine of Cannington Manor is the story of many women like her in the early 1800s in Canada.

A lonely tragedy in England leaves her broken hearted. When offered an opportu-



Shirley Harris

nity to leave England and go to Western Canada, she reluctantly agrees to the venture.

She like many women on the Prairies, creates a charitable foundation on which to build good government with fairness to all.

Catherine's life fills with joy as she marries, has children and also has a meaningful career. She and her husband, an architect, sometimes question whether life for them may be better in an eastern city, trips back to England and to Europe are considered, but the love they develop for the Prairies keeps them even more appreciating their home.

Cannington Manor is still a vibrant community in southwest Saskatchewan. The farms are prosperous, school buses take children to larger centres for education, sports and cultural activities.

The All Saints Church has been restored and services are held there in the summer months.

Cannington Manor Provincial Historic Park, located north of Manor, re-creates the exciting period of history when the British citizens had a dream of establishing a commercial centre based around agriculture.

Purchase the book from me — contact me at shirleyharris@asktel.net — or from various discounters or to leading bookstores and Saskatchewan libraries.



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Bill Henson, a leading historical figure in fashion, is seen from Saskatchewan's past. QC PHOTO BY LIAM RICHARDS

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Wine columnist James Morrison hasn't had a woman this good since about 1989, and maybe not ever.

FASHION P. 4



Austin Davis and Melanie McEw don't refuse to make a splash with their choice of fashion and their love of their lives. QC PHOTO BY LIAM RICHARDS

QC COVER PHOTO BY LIAM RICHARDS

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FASHION

Do you have fashion advice to share with our readers?
Email us at cp@leaderpost.com

REGINA FASHION

Couple's style is tried and true

By Ashley Martin

There are some things you never change for Austin Davis and Melanie Metcalf. It's their senses of fashion, which haven't changed much since childhood.

Davis has been taking style risks since he was a theatre kid in high school. "If it got a reaction, I was happy about that."

Metcalf's signature style dates back to kindergarten, when she began choosing unattractively to compensate for the main reason out her mom had effected on her.

"I topped my body with decorative hair combs I was fighting against a boy haircut," said Metcalf. "I feel like I really haven't grown out of belly dresses," which she sometimes combines with older pieces.

There's some "Grade 5 boy" style in the mix too, because Hillview got in the way often work with the Regina Folk Festival. Jeans and Velcro runners are ideal for concert setup and take-down.

Davis remains a risk taker, but he has adopted a "pro fresh snail" style inspired by the old school journalist he admires. As *Midweek Post* reporter, he means for that wardrobe with pieces from his casual wardrobe, an economical choice that channels in latter S. Thompson.

"I have a lot of respect for somebody like *Business Insider's* (Kevin) Johnson, who wears a tie and is out jacket to work everyday," said Davis. "I would love to be able to do that, but I can't afford to so I have to incorporate stuff that I have."

You described your fashion sense as off the record, as a joke, even "Metcalf" reminded them. "You wear clothes that will entertain. It might make people stop and go, 'What's he wearing?' but you find fun in that."

As a couple, "We end up accidentally matching a lot," said Metcalf.

"Partly by usually," said Davis.

"I think we've realized more the longer we've dated," said Metcalf. "Take bigger risks." Austin always is trying new things and not really caring what people think. I get a little more adventurous."

And I think I use you as a barometer. Like the most common question I'll ask you regarding clothes is, 'Is this too much?' " said Davis.

Melanie

1. JACKET: Faux leather from the West Edmonton Mall. "I specifically love the most jackets for fall, but it's the smallest window you can wear a jacket."
2. COATS: MuckLab.
3. TIGHTS: Urban Outfitters.
4. EARRINGS: Southerly online.
5. RINGS: One was a gift, the other was from a Regina Folk Festival vendor.
6. BOOTS: Second-hand from Quebec City.

Austin

1. SUNGLASSES: Pairs from Vancouver. "I normally would I wear them with dress clothes, but today I felt like being."
2. BELT: \$20 from an Ottawa market.
3. SHIRT: A gift from Mel.
4. BOLO TIE: A gift from Mel.
5. BLAZER: Value Village.
6. JEANS: Crooks and Castles from Old Soles. "I've bought four pairs of these jeans... They wear out and I buy a new pair."



IN THE CITY

OCTOBER 3, 2015 — 8:24 P.M.

Celebrating Oktoberfest



Shirley and Allen R. Sullivan dance during Oktoberfest at the Geyser Club in Regina on Oct. 3. (AP Photo/Steve Mousko)

ON THE COVER

History didn't happen someplace else.

— Bill Waizer

#BILL WAIZER

Illuminating local lore

By Sean Trembath

Bill Waizer literally wrote the book on Saskatchewan's history.

Published in 2008, *Saskatchewan: A New History* earned awards, was praised in reviews and gave Waizer the chance to present it to Queen Elizabeth II during a royal visit to Saskatoon.

While it is his most popular work, it's far from his only one. Since coming to the Prairies 40 years ago, Waizer has enjoyed a successful career as a professor and author. He has written and edited 34 books, all focusing on Prairie history.

In highlighting moments from Saskatchewan's past, Waizer demonstrates that the story of our province is every bit as rich as those that often attract more attention.

"History didn't happen someplace else," he says.

Waizer's family roots run through Western Canada. His grandfather homesteaded in Manitoba in 1906. His father was a transient wanderer in the region during the 1930s looking for work.

Waizer himself was raised in the ranch where his father had settled off for the year. He was drawn back to the Prairies in 1975 by a grad school spot at the University of Saskatchewan. He made the trip with his wife Marilyn just a month after their wedding.

"We knew one person each — one another," Waizer says.

It wasn't intended as a permanent move.

"Like many people that come west, we came for only one year and now 40 years later we're still here," he says.

He earned his master's in 1978 and his PhD in 1982, both from the U of S. Meanwhile, he and Marilyn had three children.

A job with Parks Canada took them to Whistler in 1983. He became the organization's Yukon historian. During the next 13 months, Waizer traveled west, north and south, studying the gold rush and aboriginal history



Bill Waizer with his book *Saskatchewan: A New History* at the book launch event at the University of Saskatchewan. Photo by Sean Trembath.

Hopefully I write the kinds of books that get people thinking. I want people to talk about Saskatchewan history. — Waiser

"I was on the road a lot. Of the 13 months we spent there, I was away for at least four months," he recalls.

He loved the job, but it lacked security. When a train-track job came up at the U of S, he jumped on it. The following month back to Saskatoon in 1964. They never left.

Waiser's U of S career saw him spend time as graduate director and head of the history department. He oversaw more than three dozen grad students and taught thousands of undergrads.

Through it all, he was building his personal bibliography. His first book was based on his PhD thesis, which focused on John Macoun, whom Waiser calls Canada's first naturalist. Published by an academic press, the book was great for his career as a professor, but Waiser was upset with how many people actually read it.

"I was more interested in writing for a broader audience," he says.

For his next book, a history of Prince Albert National Park, Waiser approached Fifth House, a trade publisher. All 13 of his books published since have been with them.

In trying to appeal to a wider audience, Waiser started working on a style he maintains to this day.

"I try to make them engaging. I try to make them accessible. Hopefully I write the kinds of books that get people thinking. I want people to talk about Saskatchewan history," he says.

Gerold Pressen, a former president of the Canadian Historical Association (CHA) and prominent Manitoba historian, said this readability is one of the defining characteristics of Waiser's work.

"I think he writes fluently and accessibly. A wide reading audience would enjoy his writing. It's not overly academic. It's not overly jargon-laden. It's just much more accessible," Pressen says.

"That's what I think a good historian does on my opinion," he says.

His biggest success came in 1986 with *Saskatchewan: A New History Tamed to coincide with the province's centennial*. The book won the CHA's Cho Prize, which honours contributions to regional history and was shortlisted for the Imhof Book Prize, which recognizes the best work on "Canada, Canadians and/or Canadian place in the world." This U of S is just one of the books in every library in the province.

The book's widespread acclaim makes it an important document, according to Pressen.

"A book that sells that well on a defined space like the province of Saskatchewan, it becomes the marker for a generation," he says.

The opportunity to present a copy to the Queen is a no-brainer highlight for Waiser. He recounts with laughter how he mistakenly had the cover facing the wrong direction when he handed it to her.

"I'm not sure if anyone noticed that," he says.

He has published five books since, but his next work is returning to the same wide scope as his provincial history. He was inspired to return to the subject at a conference, where he and two others were asked to give a critical reading of his work.



I think he writes fluently and accessibly. A wide reading audience would enjoy his writing. — Gerald Fresen

"The lecture at that moment, I realized I had only told part of the story," Waiser says.

In particular, he felt the book looked on Aboriginal perspective, something he says still permeates much of the historical work published.

A World We Have Lost, to be released in spring 2016, is a proposal of sorts, looking at the time he lived Saskatchewan's establishment as a province in 1906. It tells the story of the region from both Aboriginal and environmental perspectives.

"I essentially argue that before 1909 there was a distinctive western society that was a cultural society and that from the 20th century there is an emphasis on the best of the Canada on features of society in particular whiteness," he says.

Aboriginal peoples in the area were much more culturally diverse than many works of history and fiction show.

"They were not alone in the far trade. They had their own interests and concerns, and the far trade was only part of their seasonal activities," Waiser says.

Although he officially retired from the U of S last June, the new book and others he has planned

keep him busy. He still supervises a few graduate students who started with him before he left, and is scheduled to spend a term in Wellington, New Zealand, as a visiting scholar at the University of Victoria.

Although the release of his next book in months long, he has already begun research on the one after that. Waiser will write on Alexander Vukic, a Cree man from the One Arrow First Nation who killed a government cow, escaped from prison, and "for the next 18 months he was the most wanted fugitive in Canada," according to Waiser.

Beyond that, he wants to write something for young adults about Vinny Ridge and take on a completely different challenge — fiction.

Avoid from giving him more time to write, retirement has allowed Waiser to make more public appearances, which he enjoys immensely. He says he tries to accept all invitations, whether in Saskatoon or a small town somewhere in the province.

Carla Mota introduced one of these invitations, and is still shocked at how willing Waiser was to respond.

"You can't get a better follow," she says.



Dr. Waiser presents Queen Elizabeth II with a copy of Saskatchewan's A New History during a royal visit on May 19, 2009. (AP/Wide World)

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I feel personally responsible. If somebody contacts me with a question about Saskatchewan history, I'll try to answer it — Walser

Mota was drawn to contact Walser after reading his book about Jackie Bates, a seven-year-old boy murdered by his parents. Mota, who lives in Gladen, realized Bates' grave remained unmarked in their community. She gave Walser a call.

"There wasn't a hesitation about whether he would come," Mota says.

Walser gave a graveside address as part of a ceremony where a new grave marker was placed. He then gave a talk about Jackie Bates for the community.

Years later, Mota called again, this time for the 100th anniversary of the RM. Again, Walser came out, this time with a full slide show.

"I was just astonished. He was so wonderful. He just melted in with us," Mota said. "You can't get a better follow-up."

Walser says he loves the travel opportunities and in particular the Q&A sessions held after a talk, where people

often challenge his interpretations.

Walser considers his place as a historical authority in the province a responsibility. As an example, he recounts a phone call he got from a priest at the Prince Albert Penitentiary who was having a debate with a co-worker about the 100th anniversary.

"I didn't go looking for it, but it comes with the position. I feel a personal responsibility. If somebody contacts me with a question about Saskatchewan history I'll try to answer it," he says.

He plans to continue working in some capacity as long as he is able. There are so many stories to tell, and he does so, Walser demonstrates the character of our province.

"Some people don't know our history or dismiss it. I think the more they learn, they'll understand we have a vibrant history."

stank@lbcnews.com
belle@newsleader.com



Bill Walser walks the historic Dinosaur Trail, an old route to the Yukon goldfields in the 1890s. SUPPLIED PHOTO

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ON THE SCENE

#MADAMEMYSTERY'S MASQUERADE BALL

They were masked for mystery—and to support a good cause. Madame Mystery's Masquerade Ball held Oct. 3 at the Hotel Saskatchewan helped raise funds and awareness for SOFHA House, a second-stage shelter for women and children fleeing domestic violence. Masks were required then masked all night, because serendipitously SOFHA House helps women shed their masks by building their confidence so they can get back into society. The fundraiser was organized by friends Miranda Kokoski, Sophie Marsuola, Frankie, Paris and Virginia Wagon. Last year's debut event stood alone weekly \$2,500 for the charity. This year's event was more successful than organizers had envisioned. Kokoski said, adding that it will take about a week to determine exactly how much will be donated to SOFHA House.

QC PHOTOS BY MICHAEL BELL



1. Greg Harrison and Cassandra Grealy

2. Cory Brooks and Karen Coffey

3. Jackie McElroy and Lisa Peters

4. Sophie Marsuola and Miranda Kokoski

5. Aaron Clarke and Jamie Parker

6. Wade and Amanda Jensen

7. Megan Hoggott and Debbie Kuc

8. James and James Plummer

9. Elaine Hagden-Glocker and Adam Boker

10. Ashley Pease, Madison Soperles and Cindy Peters





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#ASK ELLIE

Start forming separation and custody plan now

Q For 16 years, I've either ignored my husband's mood, rational behavior, or felt I could make some difference. When our son was born, I was unable to keep making sure all went well and smoothly at home. He needs power and control over everything, and has repeatedly verbally abused and belittled me.

There's constant criticism about standing up for myself, not doing the housework, or I say he needs to relax, deny blame, or turn it back on me. I must consult with him on everything. I cannot stand to hear my son's negativity or feel put down.

My mother says this is an abusive relationship. I'd be packing immediately if not for our baby. We're both very involved parents.

I'm worried that he'll be extremely vindictive and retaliatory. When I raised a question, he said he'd want our son "at least 60 per cent of the time."

I cannot bear to be away from my child who's still nursing. I'm also returning to full-time work and am very worried about the future. If I stay, my son will have a negative model of adult relationships, and I fear he'll start treating me the way his father does.

Scared and Feeling Hopeless

A You need a plan. Consider forming it once you're back at work, and consider a lawyer privately to learn your rights and responsibilities in a separation. Don't carry casually equal time if both are good parents; you will be in favor of your separate but shared will likely remain as one if you stay. If you can get some professional coaching without his knowledge, you might find it easier to work your options.

Also, if you don't fear physical abuse in response, tell him that to stay together, he must go to marital counseling with you so you two can hopefully have a better relationship and provide a healthier environment for your son. If he goes, there's some hope.

Q A year ago we adopted a rescue dog like me: expensive but out-of-control and wild with high energy. My boyfriend thought his son, since, would hang out with us more to help walk and look after the dog. Sadly, this plan didn't work out so I spent the most time with him, took her for walks, and became super-attached. He was my best friend and 19th birthday.

My boyfriend liked to let her roam around the neighborhood, to be free. I worried that she might get hit by a car one day while he

Ask Ellie



was looking after her while I was at work, he took her downtown while I was at work, and let her out of his truck while he was getting beer.

She took off, ran across the street and was hit by a car. He feels terrible. I'm depressed and sad, missing my dog. I don't know how to get over her. I also don't know how to forgive my boyfriend.

A Major Loss

A If the dog was your "best friend," your boyfriend was not. He proved himself to be responsible and it cost you a "lovely" you loved. He should feel more than terrible — he needs to move up to being late and for causing you this grief. If he doesn't, you will not forgive him.

Time will heal the sad loss, as it always does. You may want another pet that should wait until you feel able to have very secure arrangements for care when you're working. Meanwhile, let your boyfriend know what you need from him.

Q For 36 years of marriage, half of my energy has ended my self-interest, aside from my career, and feeling ownership. While raising kids and working, I suppressed these feelings. My husband only gives closed-mouth kisses and cheek pecks.

I raised two 30 years ago and he kissed me with stick three that I turned me off. If I rest my head on his chest or get close to his face, he becomes uncomfortable. Yet I've always maintained oral/dental care. Many people my age are getting divorced recently, perhaps due to missing and desiring more.

No Deep Kisses

A You had sex to have children, but clearly lacked loving gestures, passion, and intimacy. His own attempt was showing embarrassment he may not know emotional and physical warmth before.

Can you get it from him now? Perhaps, if he understands that's finally at stake when you're already talking about divorce. Tell him there's a still time for a closer connection, if he'll try.

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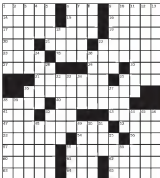
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#CROSSWORD

NEW YORK TIMES Edited by Will Shortz

ACROSS

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PUZZLE BY VICKY CHRISTIAN AND BRADLEY WILSON

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12 Female grocer with the hip "Hot Hot Hot"
13 Close-reference words
14 "Only" version on TV
15 Turnout on a financial study
16 Hand-written word
17 On the way
18 Visual branch
19 Hear a older talk may be positioned
20 Sunday party game
21 Pedestrian of "Ghosts"
22 Ethnic where people practice

JANRIC CLASSIC SUDOKU

Level: Bronze

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column and 3x3 block. Use logic and process of elimination to solve the puzzle.

The difficulty level ranges from Bronze (easiest) to Gold (hardest).



Solution to the crossword puzzle and the Sudoku can be found on Page 22

Sears*

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EVENTS

What you need to know to plan your week.
Send events to QC@leaderpost.com

MUSIC

Wednesday, Oct. 7

Wednesday Night Folk: Michelle Rossouw and her Pentecost Friends
Saskatoon, 2206 Dewdney

The Alley Dogs
Leakalyn, 2330 Albert St.

Dan Brady, Paul Brink
Sandy Centre

Ross & Baroque
Per Sonnet 7 pm, Grove, 1820
Victoria Ave.

Arrivals, Address, Tomorrow Starts Today, Ballot Barner
The Club at the Exchange
2631 8th Ave

Daily Laj and the Looka, Ryan Hicks
McNally's, 2226 Dewdney Ave

Thursday, Oct. 8

Live music
Frat Lodge, 1802 South St.

Karaoke
8 p.m.-2 a.m. The Sp, 306 Albert St.

Live on 11th CITY LOCALS Night
Artful Dodge, 1631 11th Ave

Grey Hounds, Language Arts, Dean Harding
The Owl, 11 of 11th & Centre

Merlebury Bates, Sing Like Under
The Club at the Exchange
2631 8th Ave.

Melie, Vadu Hicenda, Morgan Meyer, filled Eye
McNally's, 2226 Dewdney Ave

Friday, Oct. 9

Live music
4-7 p.m. Monarch Lounge, Hotel Saskatchewan, 2120 Victoria Ave

Weekly Drum Circle
Instruments provided
7:30-9 p.m., The Living Spirit Centre,
3075 Dean Dr. Call Mike, 308-582-3995.



Rose and the Rivers will be performing Saturday at the Artsken. Photo by Lisa Lennox

Karaoke
8 p.m.-2 a.m. The Sp, 306 Albert St.

Ready to Rock
Artful Dodge, 1631 11th Ave

Scott Anthony Andrews Quartet, Carter Power, Corinne Goff
8 p.m. Le Bistro, Mansueto de Level 3650 Hillside St.

Exit Seven
McNally's, 2226 Dewdney Ave

Live music
Edmonds, 2300 Dewdney Ave

ODE, Rock, Almost Alien
The Pump-641 Victoria Ave E

The Jimmy Tin Yane Band
Lancaster, 4529 Gordon Rd

Saturday, Oct. 10

Live music jam

All types of music welcome. Hosted by Emily Heston
8-8 p.m. The Sp, 306 Albert St.

Karaoke
9 a.m. Broadway's Lounge, 1307
Broadway Ave

Rock and the Invaders
The Artsken, 2627 13th Ave

Shawn Mason, Dumb Angel, Megan Heath, Mike Edal
Artful Dodge, 1631 11th Ave

Al Voss
McNally's, 2226 Dewdney Ave

Quarteto Gelato
Saskatoon Symphony Orchestra
8 a.m. Connors Arts Centre

Karaoke
8 p.m.-2 a.m. The Sp, 306 Albert St.

RA, LeGlerc

The Capitol, 1643 Hamilton St.

Silverstar Jamming
Capitol Regine Show Lounge
1640 Saskatchewan Dr

Live music
Edmonds, 2300 Dewdney Ave

Sunday, Oct. 11

Trio Concertante: Nancy Behr, Victoria, Simas Feyer, cello, and Tim Stevens, piano
2 p.m. U of R Biddell Centre University Theatre

Open jam
3-8 p.m. Mojo Club, 639 Victoria Ave.

Karaoke
8 p.m.-2 a.m. The Sp, 306 Albert St.

Cryptopia, Digital Deemahay, Planet Enter, Kaleem
The Exchange, 2631 8th Ave

Monday, Oct. 12

Karaoke
8 p.m.-2 a.m. The Sp, 306 Albert St.

Open Mic
Artful Dodge, 1631 11th Ave

Tuesday, Oct. 13

Acoustic music
Rebellion, 1921 Dewdney Ave

Karaoke
McNally's, 2226 Dewdney Ave

Karaoke
Artful Dodge, 1631 11th Ave

Von Vulture Trio
The Capitol, 1643 Hamilton St.

Oliver Swain
The Club at the Exchange
2631 8th Ave

EVENTS

What you need to know to plan your week.
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VISUAL ART

Zachary Logan: Mundankanner

Opening Reception: Oct. 10, 4-7 p.m.
Oct. 9-Nov. 2, Slate Fine Art Gallery,
2076 Hurler St.

Rosalie Favell: (Re)Facing the Camera

This exhibit on anatomy the viewer with 288 portraits of indigenous artists and outsiders. Tucked in the midst of these black and white portraits are images of a human sort: small canvases that resist the family albums of Favell's childhood.
Artist Presentation: Oct. 8, 7:30 p.m.
Exhibition runs until Nov. 22. MacKenzie Art Gallery, 3475 Albert St.

Iris Hauser: Green Codes

Exploring gender identity, self-image and self-expression, this exhibition includes portraits of some of Hauser's longtime models in the way they wished to be portrayed, rather than in the roles they usually play as actors in staged tableaux.
Until Oct. 11, Art Gallery of Regina, 101 Bellway Civic Arts Centre, 2420 Elphinstone St.

Mark Jackson: Othello's Weave

Until Nov. 14, University of Regina, 101 Bellway Civic Arts Centre, 2420 Elphinstone St.

Verni Radek: Sentimental Dreams

Nowwork that explores emotion and melancholia.
Until Oct. 16, Hapax Gallery, Creative City Centre, 1043 Hamilton St.

Zane Wilcox: Stripes and Birds

Until Oct. 17, Meta Gallery, 106 2300 Bloor St.

Autumn Group Show

Until Oct. 26, Neovous Gallery, 216 Albert St.

Summer in Contemporary Canadian Fine Art and Wendy Nelson: Whispering Landscapes
Works of art explore Canadian landscape and wildlife.



Mundankanner (Jules), artwork by Zachary Logan. It's on at Slate Fine Art Gallery beginning Thursday

Until Oct. 31, Scott Nicholson Fine Arts, Regina Centre Crossing, 1621 Albert St.

Dagmar Gerdie: Meeting the Bush

In London, Polish-Canadian artist Dagmar Gerdie took hundreds of photographs of us as cameras fused together that was sculpted into a rectangular form. The resulting collage project explores attempts to thrive

and control nature.
Until Nov. 4, Daring Art Gallery — Sherwood Village Branch, 501 Macdonald Blvd.

Barbara Menley: Keeping the Towas

The artist records herself creating scenes of books to look her on by eye, saving herself off from the world. Trapped behind this barrier

of nameless books, Menley literally digs into the words on printed pages in what's first freedom in the book. Until Nov. 4, Daring Art Gallery, Macdonald Branch — Central Branch, 230-12th Ave.

Edith & Edith 2

A rarefied cross-section of permanent-collection prints (edition numbers 31-37) by artists

including Andy Warhol, Mary Pratt and Shuvini Ashkenazi. The edition number is a bit of a paradox — a unique identification tag for something that is not unique, making the artist's owner only somewhat special.
Until Nov. 22, MacKenzie Art Gallery, 3475 Albert St.

Todd Rowlands: Mood

Photography and artwork inspired by the artist's battle with mental illness.
Through November, Artful Dodger, 1631 11th Ave.

Loes at First Sight

Explore the collection of Drs. Morris and Jaques Thurnau's highlights of the exhibition focus on their collection of fruit, world, and western Canadian art that began in 1955.
Until Jan. 3, MacKenzie Art Gallery, 3475 Albert St.

Asinibolite Gallery

2244 Smith St.
Open Tuesday to Friday, 10 a.m.-5:30 p.m., Saturday 10 a.m.-5 p.m.

Hearted Ground

203-1036 South St.
Open Tuesday to Saturday, 9 a.m.-5 p.m.

Waskia Red Art Gallery

Represents indigenous visual art, printmaking, culture and history found in the province of Saskatchewan, Canada and globally.
Monday-Friday, 9 a.m.-4 p.m.
First Nations University, 1 First Nations Way

COMEDY

Lori Ferguson-Rose

Featuring during Open Night Out fundraiser.
Oct. 8, 8 p.m.
Castro Regatta Show Lounge, 1650 Saskatchewan Dr.

The Laugh Shop

Live sketches every Saturday night, 7:30 p.m.
Horseshoe Hotel, 1818 Victoria Ave.

Continued on Page 16

EVENTS

What you need to know to plan your week.
Send events to QC@leaderpost.com

PERFORMANCE

Riverdance

Oct. 7, 7:30 p.m.
Coneau Arts Centre
255 Lakeshore Dr.

Calendar Girls

Comedy. A group of middle-aged women pose nude for a *Kink* adult calendar.
Oct. 7-16, Performing Arts Centre,
1077 Angus St.

Red Hot Hot! political party

Sketch comedy and variety show.
Oct. 9, 8 p.m.
The Artscape, 3527 13th Ave.

All About Up

The year 1818-13 and deep in the Midwest is a town that forbids music and dancing. A motorcycle-riding robot is ready to break all the rules. Inspired by and featuring the songs of Elvis Presley.
Until Oct. 31,
Globe Theatre, 1591 Scotch St.

Living Poets Society

Seven word open mic night.
Every Tuesday, 9 p.m.
Hockey Lounge, 2170 Broad St.

DANCING

Roadkill Dancing

Call 306-545-3927 for more information.
Wednesday, 6:45-9 p.m.
Victoria Club, 130 D Victoria Ave.

Square Dancing

Learn to square dance. First two nights free.
Thursdays, 6-10:30 p.m.
St. James Anglican Church, 1193
Empress St.

Club 60 Dance

Featuring AJ & Company.
Oct. 9, 8 p.m. - midnight
Regina Senior Citizens Centre, 2034
Winnipeg St.

Contemporary Singles Social Club dance

Oct. 10, 8:30 p.m. - 1 a.m.
Explos Club Hall, 1600 Halifax St.

Mixta Jigging

Free class. No experience necessary.
Call 306-523-5353 to sign up, or
register at the door.
Monday, 6-7:30 p.m.
New Dance Harbours, 2201 Harvey St.

SPORTS

Women's basketball

U of R Cougars vs. Guelph
Oct. 8, 8 p.m.
U of R Centre for Kinesiology, Health
and Sport

Regina Pats vs. Vancouver

Oct. 9, 7 p.m.
Brentell Centre, Evans Place

Women's hockey

U of R Cougars vs. Manitoba
Oct. 9, 7 p.m.
Co-Operators Centre, Evans Place

Women's basketball

U of R Cougars vs. Fraser Valley
Oct. 9, 7 p.m. U of R Centre for Kinesiology, Health and Sport

Women's soccer

U of R Cougars vs. Saskatchewan
Oct. 10, noon. U of R Field

Women's basketball

U of R Cougars vs. Saskatchewan
Oct. 13, noon.
U of R Centre for Kinesiology, Health
and Sport

Women's hockey

U of R Cougars vs. Manitoba
Oct. 10, 8 p.m. Co-Operators Centre,
Evans Place

Regina Thunder vs. Edmonton

Huskie
Oct. 17, 7 p.m. Moose Stadium

Regina Pats vs. Edmonton

Oct. 17, 6 p.m.
Brentell Centre, Evans Place

FOR FAMILIES

Stems and Strawls

Wednesday, 7 p.m.
Complex Garden Southland Mall,
2025 Gordon Rd.



The Regina Cats Theatre is opening its 50th season with *Calendar Girls* this weekend. QC@leaderpost.com/REGINA

Young Explorers Club

Music and pup for toddler, a movie, gallery exploration, experiments, games and crafts for 5- to 10-year-olds. Theme: A Birds of Prey.
Oct. 9, 5:30-9 p.m.
Regal Saskatchewan Museum, 2445 Albert St.

Build and Grow Clinics

Build a special future project for children ages 5 and up.
Saturday, 10 a.m. - noon
2048 Prince of Wales Dr.
Lewest, 4955 Gordon Rd.

Michaela Kids Club

Saturday, 10 a.m. - noon
2048 Prince of Wales Dr.

Family Favourite film

Friday a favourite film for \$2.50
Saturday, 11 a.m. - Galing Cinema,
420 McCarthy Blvd. N

Family Activities

Saturday and Sunday, 2 p.m.

Edmonton Science Centre, 2903

Powerhouse Dr.
Family Science Saturdays
Sunday, 3-4 p.m.
Muckleshoot Art Gallery, 3470 Albert St.

Super Smiley Movies

A different family movie each week.
\$2 per person. Snacks available for purchase.
Sunday, 2:30 p.m.
Regal Saskatchewan Museum, 2445 Albert St.

Magnum Hunt Club

Gallery exploration, games, crafts and activities for inquisitive 5- to 6-year-olds. Theme: Creatures of the Night.
Oct. 11, 5:30-7:30 p.m.
Regal Saskatchewan Museum, 2445 Albert St.

Science Time for Kids

Interactive workshop aimed at early

learners

Tuesday, 5:30-10 a.m.
Saskatchewan Science Centre, 2903
Powerhouse Dr.

Drop-in crafts and games

Free event for youth ages 5-18. Tuesday, 4-5 p.m.
EasyView Community Centre, 615 5th Ave.

MUSEUMS

Black Museum Features Exhibit

Explore some of the macabre and chilling places from the RCMP Historical Collections including evidence gathered from some of the most infamous cases of Canadian crime.
Exhibition runs Oct. 9-31. Open 11 a.m.-5 p.m. daily.
RCMP Heritage Centre, 5901 Dowling Ave.

Alan Young School Museum

1000 4th Ave.

EVENTS

What you need to know to plan your week.
Send events to QC@leaderpost.com

Government House Museum & Heritage Property

4607 Dewdney Ave.
Open daily 9 a.m. - 5 p.m.

Regina Firefighters Museum

1205 Ross Ave.
Tours by appointment (306-777-7714).

Regina Floral Conservatory

14505 4th Ave.
Open daily, 9 a.m. - 3:30 p.m.

Royal Saskatchewan Museum

2645 Albert St.
Open 9:30 a.m. - 5 p.m. daily.

Saskatchewan Military Museum

1600 Elphinstone St.
Open Monday and Thursday, 7-9 p.m., or by appointment (306-347-9345).

Saskatchewan Science Centre

2503 Powerhouse Dr.
Tuesday-Friday 9 a.m. - 5 p.m., Saturday-Sunday and holidays, noon - 6 p.m.
Closed Mondays.

Saskatchewan Sports Hall of Fame

3205 Victoria Ave.
Monday-Friday 10 a.m. - 4:30 p.m., Saturday noon - 5 p.m.

OTHER HAPPENINGS

Regina Farmers' Market

Wednesday and Saturday, 9 a.m. - 1 p.m.
City Square Plaza, 12th Avenue and South Street.

RCMP Sergeant Major's Parade

Wednesday, 10:45 p.m.
RCMP Depot Division, 3400 11th Ave.

All Nations Healthy Thru Arts

Learn to play music, dance and perform in five arts-based workshops, cultural teachings and development workshops. For people ages 13 to 23 on a budget.

Wednesday, Monday and Tuesday, 5-7 p.m.
(super 4-5 p.m.) YWCA, 1410 McIntyre St.

ALDS Homebrewing club meeting

This month's topic: American Stout. Using software to design recipes, and drawing for the Seasons New members welcome.
Oct. 7, 8 p.m. Bushwickbar, 2206 Dewdney Ave.

Black Tie Auction

Previewing silent auction entertainment,



The Cougar women's basketball team has three games this weekend. qc.cougarbasketball.com

wine and hors d'oeuvres, live auction of antiques and collectibles. For tickets, call us at 306-566-9740 or email info@accsac.com.
Oct. 8, 6 p.m. Government House, 4607 Dewdney Ave.

Olivia Night Out

Entertainment, silent auction. Fundraiser for Transitive House and Isabel Johnson Shelter.
Oct. 8, 6-10 p.m.
Café Regina, South Lounge
1600 Saskatchewan Dr.

Excerpt

Wednesday Full Gospel Business Men. Guest speaker is Rod Danton, Chaplain of the Saskatchewan Roughriders. Tickets (\$18) available at the door.

Oct. 8, 6-8:30 p.m.
Classic Buffet, 100 Albert St.

Life Drawing Sessions

No formal instruction, all skill levels encouraged. Model will be nude with the exception of a few special costumed sessions, bring your own drawing materials \$12.

Thursday, 7-10 p.m.
Creative City Centre, 1843 Hamilton St.

Ignite Festival

A celebration of art, science, engineering and big ideas.
Oct. 9-10, 11 a.m. - 6 p.m.
Science Centre, 2903 Powerhouse Dr.

Cream of the Crop Craft Sale

Oct. 9, 1-5 p.m.
Oct. 10, 10 a.m. - 5 p.m.
Cassidy Arts Centre

Old Girls Night club reunion

For tickets, call 306-527-0353
Oct. 10, 8 a.m.
Turner Centre, 1100 Armour Rd.

Bridge lessons

Learn to play bridge or improve your game. Call 306-360-7444 for more information. Mondays, 6:00 p.m. - 8:45 Albert St.

What for seniors

For more information call Mary 306-769-5662 or Ted 306-189-1364.
Tuesday, 9:30 a.m.
East sanctuary, Living Spirit Centre, 3015 Dean St.

Chessday Challenge

Drop-in gathering of board game enthusiasts. Tuesday, 6 p.m. - midnight.
Boston Pizza, 545 Albert St. N.

FILM

Insolential Man

Drama
At a small-town college, tormented philosophy professor Abe (Joaquin Phoenix) becomes involved with two women: Anna Richards (Vierke Perry), an unhappy married professor, and Jill Pollard (Dianne Swan), his best student. Written and directed by Woody Allen.

The Gaby of a Teenage Girl

Drama
Twelve-year-old Gaby (Sel Povey) longs for love and a sense of purpose in the upheaval and uncertainty of San Francisco, 1916. With an absent father and partying mother (Kristen Wiig) involving her studying, Minnie seeks solace in animals and her mother's boyfriend Monroe (Alexander Skarsgård).

Regina Public Library Theatre

231 12th Ave. | 306-777-6704

To The Arctic 3D

Documentary
A mother polar bear and her twin seven-month-old cubs navigate the changing Arctic wilderness they call home. They struggle to survive in a frigid environment of melting ice, immense glaciers, spectacular waterfalls and majestic snow-capped peaks. Narrated by Meryl Streep.

Journey to the South Pacific

Documentary
Narrated by Cate Blanchett, this is a visual treat in adventure to the tropical islands of West Papua, where life flourishes above and below the sea. Join a young island boy, taken us on a journey to encounter white sharks, sea turtles, many a reptile and other wonders of the sea.

Jerusalem

Documentary
A tour of one of the world's oldest cities, destroyed and rebuilt countless times over 3,000 years. The film follows three young Jerusalemites and their families — Jacob, Joshua and Khatim — as archaeologist Dr. Jodi Magness explains some historical sites in the region. Narrated by Benedict Cumberbatch.

Kismet Hour

9:30 Powerhouse Dr.
306-522-6629

EVENTS

What you need to know to plan your week.
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NEW MOVIES

Steve Jobs

Drama
Steve Jobs (Michael Fassbender) went from college dropout to one of the most revered creative minds of the 20th century as co-founder Apple Inc. ultimately his addiction to his career affected his family life. Also starring Kate Winslet, Seth Rogen and Jeff Daniels

Pin

Fantasy
During the Second World War, Peter (Liam Miller) lives in an orphanage. One night, all the boys in the home are kidnapped by gnomes in a flying ship and are brought to Never land to work as slaves. Because Peter wears the necklace of Pin, which denotes the bravest warrior in

Tiger Lily's (Sherry Miller) tribe, it's deemed he's destined to save the land from the pirate Blackboard (Hugh Ackman). Along the way Peter forms a bond with James Hook (David Hume), who helps him on his mission

Galaxy Cinema
420 McClellan Blvd. W.
306-522-9096

Christopher Octon
Southland Mall Cinema
3025 Garden Rd., 306-563-3383

Rainbow Cinema
Golden Mile Shopping Centre
3606 Albert St., 306-359-5250

Events listings are a free community service offered by Q.C. Listings will be printed 2 weeks prior to the event and information two weeks before your event.



Rosario Wrigley, Seth Rogen and Michael Shannon star in *The City of a Thousand Gates*, which screens this weekend at the QRC Film Theatre.

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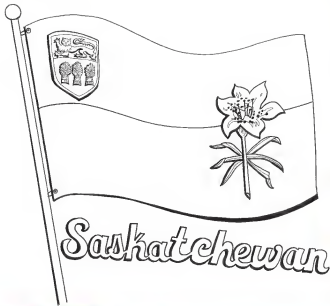
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OUTSIDE THE LINES



Colouring contest

Each week, artist Stephanie McKay creates a family illustration meant to please kids of all ages.

Children can colour the page, have a picture taken with the finished product and email it to sp@leaderpost.com. One winner will be chosen each week.

Please send **high-resolution** pictures and include the child's name and contact information.



Last week's QC colouring contest winner was **Zakary Lawson**. Congratulations! Thanks to all for your colourful submissions. Try again this week!



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FOOD

ROASTED MUSHROOM TART

Appetizer a hit all around

By Renee Kohlman

With the cooler temperatures descending upon us as quickly as the falling leaves, thoughts go to hibernation and staying cozy inside with loved ones. Food, of course, plays a starring role. What better way to welcome the cold months ahead than with good friends and great food? My kitchen is the size of a walk-in closet, but I still love to entertain.

The trick is to make as much food ahead as possible and if I can't get to washing the dishes, they get hidden in the bathtub behind the shower curtain. That's a little life hack if you don't have a dishwasher. And just a bit embarrassing if you have many friends.

An easy entertaining hack is to use any preloved frozen puff pastry. It's one of my kitchen essentials—great for movie parties and easy appetizers, like this roasted mushroom tart. It's always in my freezer, just like mushrooms are always in my grocery basket. I adore mushrooms for their nutrition and their versatility. They are the only vegetable that naturally contain vitamin D, so I try to eat them often to win-win when I'm you know hibernating.

For this tart, I missed two varieties—portabella and cremini. I love the meatiness of the former and the nuttiness of the latter. Roasting them first enhances the flavor and reduces the juices. Tossed in balsamic vinegar and olive oil, they are so darn tasty it's a challenge to save some for the tart. A saucy onion jam is slowcooked and spread onto the bottom of the pastry. Top with the balsamic-roasted mushrooms and goat cheese favoured with herbs and lemon. Bake for 30 minutes until it's golden brown around the edges. I love mushrooms and they make such a pretty garnish—yes, should still be able to find some at the Saskatoon Farmers' Market. The onion mushrooms play so well with the sweet jam, creamy goat cheese and crispy pastry. To make things up a bit, chopped, cooked bacon wouldn't be



out of place here and if you wanted to crack an egg on it and make a breakfast tart, I would love to give you a high five. This little appetizer has been a hit all around—I've even caught friends linking their plates when they thought on one was looking. Now if only I could get them to stay and help with the washing up at the end of the night.

Roasted Mushroom Tart with Herbed Goat Cheese and Onion Jam

- >2 tbsp olive oil
- >2 ounces dried
- spread pouch of jam and
- >1 tbsp balsamic vinegar
- >1 tbsp brown sugar
- >2 portabella mushrooms, stem removed, thickly sliced
- >8 cremini mushrooms, thickly sliced
- >1 tbsp olive oil
- >2 tbsp balsamic vinegar
- cremini and onion jam
- >2 tsp sprigs of fresh thyme, or 1 tsp dried
- >1/2 cup onion (about 1/2 cup) goat cheese, softened at room temp, and of 1 lemon
- >2 tsp fresh thyme leaves or 1/2 tsp dried
- >1/2 tsp salt
- >1 sheet frozen puff pastry, thawed (I used the kind already par-baked. If not, roll yours out to about 8 inches by 11).
- >fresh pec shreds, for garnish



Roasted Mushroom Tart with Herbed Goat Cheese and Onion Jam. PHOTO BY RENEE KOHLMAN

FOOD



Parbaked frozen puff pastry is a key ingredient. PHOTO BY STACEY NORMAN

Instructions: To make onion jam, heat olive oil over medium-high heat in medium sauce pan. Add onions, stirring well, reduce heat to medium-low and stir in salt. Cook until translucent, stirring often. Reduce heat to low and cook for 20 minutes, scraping up brown bits every so often.

You may need to add a bit more olive oil if it seems too dry. Add the balsamic vinegar and brown sugar and cook about 20 minutes longer, over low heat, stirring often. Once soft and jammy, let cool and set aside.

Meanwhile, toss the sliced mushrooms in a large bowl with olive oil, balsamic vinegar, salt, pepper and thyme. Place on a parchment-lined bake sheet and roast in a preheated 400 F oven for about 20 min-

utes, until golden. Remove from oven and set aside.

Mix the goat cheese with lemon zest, thyme and salt.

Lay the sheet of puff pastry onto a parchment-lined bake sheet. With a sharp knife, score the perimeter of the pastry about 1 inch all around. Using a fork, poke holes all around inside the border — this will ensure the pastry doesn't rise in the inside, but it does around the edges.

Spread the onion jam evenly in the middle. Top with roasted mushrooms and goat cheese. Bake at 400 F for about 20-25 minutes. Let it cool 10 minutes before cutting into wedges. Garnish with pea shoots. Serves two for main or four for appetizer.

Recipe adapted from www.cookingwithgarden.com and can be found on Twitter @cookingwithgarden.

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WINE WORLD

VIOGNIER

Search now over for the perfect viognier

By James Romanow

Okay folks, listen up because I have gone up the mountain and come back with treasure, the wine we all search for — a perfectly made viognier. The stuff is stunning. I haven't had a viognier like this since about 1989. Maybe not even then.

Viognier if you haven't got around to it yet, is a grape grown extensively in the Rhône that came down to a handful of fans by 1989. There were only maybe a quarter section of the grapes under cultivation. It was tried out around the world, and although winemakers loved the stuff the public was unenthused. Part of the problem was the wine winemakers and critics were drinking was aweful. The wine the public drank did not align with the grub they ate.

After a couple of years in the bottle the acids tended to reset out, leaving the wine a bit heavy albeit with a decadent set of aromas and flavours. This is still true to this day with the relatively delicate acidity of viognier reader in the background, leaving most viognier kind of flat.

The never-drink Gold Mountain wines until this week and I was blown away by the viognier. They tasted about 40 per cent acid and the balance is absolute making for an exotic, subtle, incredibly balanced wine. What's more,



according to a blind-tasting of wine drinkers this is the best wine with barley they've ever tasted.

The wine has great aromas of apricot and flowers in a delicate grip on the tongue due to the acidity, a bit of tannin due to the oak, and a very long finish.

Gold Mountain Winery Viognier 2013
\$18 ****

Next mark a Gold Mountain to fall in love with, right here, some home place, some home character. More on Twitter @jbrmanow



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Crossword/Sudoku answers

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ANIME	IRA	RHONE
PANTYRAID	CARVE	
ITT	SENT	BARRON
DIAZ	MOOO	INOIGO
SERIES	WOLF	RET
	ROSSMAN	ALIT
TRUTH	THOR	ORARY
DEAL	LAW	FISH
ELLEN	UN	KOJIA
HELLORITTY	ROMA	
CLMORE	TECH	WIN
ATARI	NORSE	GOOS
TAMES	APR	SOUA
SPANK	PSA	HOTTS

7	6	9	8	2	3	1	4	5
5	4	3	7	1	6	2	8	9
2	8	1	4	9	5	3	6	7
6	2	7	9	3	1	8	5	4
4	1	5	6	8	2	7	9	3
3	9	8	5	4	7	6	1	2
9	3	6	1	7	4	5	2	8
1	7	4	2	5	8	9	3	6
8	5	2	3	6	9	4	7	1

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